

9 lbs gone in one week (copy this recipe)

Contact: Pamela S Pendergrass

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https://www.freelocalclassifiedads.us/los+angeles/miscellaneous/health-beauty/9-lbs-gone-in-one-week-copy-this-recipe_i5305607

Address: **Los Angeles**

Price: **Check with seller**

9 lbs gone in one week (copy this recipe): Hi,

Stop dieting.

Seriously. Don't bother dieting again. Ever.

Because you don't need to.

After a lifetime of dieting failures, and with her weight spiraling and her heart failing, my friend Meghan was at death's door.

She'd had enough.

So she decided to stop all the useless fad diets, calorie counting, and plates of rabbit food...

And instead invented this bizarre 'home recipe' - and ate it every morning...

She then carried on eating all her favorite foods.

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