

## **300 Hour Yoga Teacher Training in Rishikesh**

**Contact: Jiva Yoga Academy** 

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training-in-rishikesh\_i5304617



Address: Alamosa Price: 1,099.00 \$

300 Hour Yoga Teacher Training in Rishikesh: If you're looking to take your yoga practice to the next level, then look no further than the 300 Hour Yoga Teacher Training in Rishikesh. Located in the birthplace of yoga, this immersive program offers an unparalleled opportunity to deepen your understanding of yogic philosophy and teaching methodologies. Led by experienced instructors who have dedicated their lives to this ancient art form, you'll gain a comprehensive knowledge of advanced asanas, pranayama techniques, meditation practices and anatomy principles.

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